

**92nd Annual NISCA National Conference,  
June 23-26, 2025, San Antonio, TX  
NISCA Meeting Minutes**

**NISCA Meeting #1**

**6/24/25, 8:00am**

**Meeting Minutes:**

Meeting was opened at 8:00am by Mark Jedow (President).

NISCA Executive board is excited to host the conference. Thank you to Alamo Heights Pool for hosting our afternoon session. Thank you to Conference sponsors Finis and Hasty.

First time NISCA Conference Attendees stand and introduce themselves.

Motion made by Dana Abbott to accept the 2024 minutes as posted on the website. Motion seconded by Mark Onstott. Motion passes unanimously.

State of NISCA report. Moving the Conference off the NCAA meet allowed us to double the number of Conference attendees. Working on streamlining our processes and getting better at our businesses. Still need assistance in Zone 8. We have a Para All America program, we need help getting athletes signed up for AA Para applications. Thanks Tim Sirois for his years of service as Treasurer. We will be electing a new treasurer and president-elect this year.

**Committee Reports**

**Audit Committee** - Arvel McElroy

Reviewed the books with Tim Sirois (Treasurer). Discussed the financial situation of the organization. Looking to have our books reviewed by a different company than what we have in the past. Thanks Tim for the work he has done the last couple years. Good financial shape in our checking account and CD's

**Treasurer's Report** - Tim Sirois

Last report was a year ago in March. Since then we spent \$192,000 and took in \$218,000. This fiscal year (November 1) NISCA spent \$100,000, and took in \$142,000. This includes the expenditures for this Conference. We received 100 memberships from ASCA, we sent them 51 memberships. Approximately half the money we take in is from Memberships. AA programs are all paying for themselves, although Water Polo numbers are low. Diving took in 15K, spent 10K, academic \$8,500, Swimming \$18,000, Water Polo \$1,880. We are in very good financial shape. \$209,000 in the bank, \$156,000 in a CD that matures 5/2028. Lost some sponsorships, but the money coming in for the CD will end with \$35K interest earned. We have at least 2 years of savings for emergency use. Motion made to accept the treasurer's report by Arvel McElroy, Seconded by Ian Kobes. Motion passes unanimously.

#### Membership - Brad Jones

Membership is going well, this is our slow time. Getting our monthly batch from ASCA. Just over 1200 members for this year.

#### Power Points - Michael McHugh

Finished National Dual Meet entries last night. 175 entries this year, up by 5. 32 states entered (5 more than prior year), MI (35) PA, IL (15) lead entries. Encourage your states to enter National Dual Meet. Download the file and make a copy of it, then edit it. Very easy to do, all the math is done for you.

#### Rules Committee - no report

#### Diving - Don Mason

Boys and girls entry numbers were up this year, income was up, expenses were down. Don reminds everyone that membership gives you a reduced application fee for diving, not free. A frequent reason diving videos aren't judged during the Diving weekend is that the dives are out of order. The dives have to be in the order that is on the submitted dive sheet. Discussed Rules with the Diving committee. Discussed how to prepare for the changing of timing of the Conference (June) and what we can do to help move rules forward with the NFHS (meets in March).

#### Water Polo - No Report

#### Hour of Power - Tony Plummer read by Mark Jedow

Description of the hour of power relay. Official participation numbers were 94 college teams, 17 High school teams, 34 club and 48 international teams. Tony encourages everyone to host an hour of power relay. Official date for 2025 is Tuesday November 11, but you can host one whenever works for you. It is a good mid-season workout, or an event with a purpose. If you have questions about the Hour of Power, reach out to Tony Plummer.

#### Zone Directors - Kyle Bedalov

Zone directors do a great job of communicating to the membership, Eve sends reminders when e-blasts are due. Zone 3 has been filled by Duffy Dillon, Zone 8 is still open. Zone directors are making plans for streamlining communications next year.

#### Professional Awards - Tom Hudson

The committee has met several times via Zoom to discuss nominations. Please remember to submit your resume online on the NISCA Website. All resumes online are considered by the committee. 2026 winners: Outstanding Service Award: Mark Jedow (TX), Josh Runkle (IL), Tom Madura (MN), David Brinks (MI) Phil Rehard (WY). Collegiate Scholastic Award: Tom Hudson (WY). Hall of Fame: Suzanne Hoyt (CT). Life Membership: Peter Hugo (NY).

#### Coaches Education - Kevin Pierce read by Kyle Bedalov

Over the past year, the Coaches Education initiative within NISCA has continued to build momentum through collaboration, content development, and strategic planning. The focus remains on equipping coaches at every level with practical, insightful, and inspiring tools to enhance their programs and better serve their athletes.

One of our primary goals moving forward is to expand the library of resources available to coaches through both the NISCA website and the NISCA Journal. We are actively seeking more contributions from coaches across the country and encourage members to submit articles on topics ranging from technical stroke development and practice planning to leadership strategies, mental health support, and team culture.

We are excited to continue our collaboration with Arvel on the NISCA Workshops. These sessions can provide a valuable platform for learning, sharing, and professional growth. We plan to further develop this partnership and potentially expand the scope of the workshops to reach more coaches throughout the year, both in person and virtually.

To keep our coaches consistently engaged with fresh, relevant material, I would like to begin including one educational article in each of Eve's membership-wide emails. This ongoing touchpoint will serve as both a learning opportunity and a reminder of the professional development resources NISCA provides. Articles will vary in theme and contributor, ensuring a range of perspectives and practical value.

Finally, we want to emphasize that we are always open to new ideas on how to improve Coaches Education within NISCA. Whether it's new topics to explore, ways to increase engagement, or feedback on existing efforts, your input is vital. Our mission is to serve the coaching community, and that starts by listening to the needs and voices of our members.

We thank everyone who has contributed so far and encourage continued involvement as we build an even stronger educational foundation for high school swimming and diving coaches nationwide.

#### NISCA Store - Gregg Anderson

Grett reports that this is the easiest job in NISCA, he receives the orders from the treasurer and mails the books. This year we have sold 34 Eddie Reese books, 22 Biology of Swimming, 19 Swim Coaches Starter Guide, 6 Sprinting II.

#### Journal - Dana Abbott

Journal is part of coaches education. We have some really great contributors, including Kevin Pierce. Dana pulls journal articles off Kevin's Substack blog. We are experimenting with moving to a quarterly journal with a 40 page format. Dana asks for articles and photos from coaches to be used in the journal. No team is too small to publicize. Dana reminds everyone that the Eddie Reese book is available, as well as "How to be a great swim parent". Thanks to those who have been sending stuff, please send more.

International Membership - no report

Marketing - Arvel McElroy

Marketing Director position is opening. Arvel is willing to mentor someone to take over. Major Sponsors: Finis, Hasty Awards, IST. Communication with sponsors has been a challenge.

Outreach - Arvel McElroy

Outreach clinics are a collaborative, interactive program, rather than a sit and get. Finis helps us sponsor 3 workshops a year. Coaches are charged \$100, Finis provided \$100 worth of equipment and coaches also took home all the copies of the presentations and information. If you host, once we cover expenses, 75% goes to NISCA, 25% goes to the host. It is an opportunity for fundraising. Various different formats tailored to your area and needs. Reach out to Arvel if you are interested in hosting.

National Records- Kyle Bedalov

6 records were broken this year (5 public, 1 independent). 3 were female, 3 were male records. 4 new pools are officially certified. We transitioned to an editable PDF for the record application, and the certificate is also transitioned to a locked PDF. There was discussion of combining the public and independent records to be more in line with the NFHS. We plan to archive the current set of records so that it is available in the future.

Archives - Kyle Bedalov

46 requests for info this year. Kyle is working on collating all 15 spreadsheets into 1 master sheet. It is currently a 40M file, and there is a lot of cleanup left to do on it. The Swimming HOF museum is not open yet. Once that is done we will start putting items back into the archives. Kyle has several boxes waiting to go down.

AA Chairs - Mark Onstott

The chairs met several times during the year. The chairs are the hardest working folks around - Mark Jedow, Tim Sirois, Don Mason, Marney Shirley, Sean Wimer. Every year we tweak things a little, but we can't fix the coaches. Most issues are with people who did not read the directions. We will be having the AA general Meeting if you have questions.

Webmaster - Eve Julian

We had an issue with the web services being down in March, due to an outage at the ISP. They have been relatively solid other than that, so no current plans to move to a different ISP.

AA Swimming, AA Diving and the Time Standards pages are the most visited pages on the website.

Eve tries to post 3 times per week on social media with information about deadlines and what is going on with NISCA.

2025 All America lists will be posted soon, they came in just as Eve was leaving for Conference. Eve reminds everyone to send anything they want posted on the website.

Nominations for President-Elect opened. Ian Kobes nominated Brad Jones (MI), Don Mason seconded. No further nominations from the floor.

Nominations for Treasurer. Tim Sirois nominated Kris Jones (TX), Dana Abbott seconded. No further nominations from the floor.

Nominations are closed. During meeting #2, we will have nomination speeches and elections can be by acclamation.

Motion to adjourn Meeting #1 made by Arvel McElroy, seconded by Mark Oonstott.

Meeting Adjourned 8:53am.

## **NISCA Meeting #2**

**6/25/25 8:00am**

### **Meeting Minutes:**

Meeting is called to order by president Mark Jedow at 8:00am.

Reminder of the organization's mission - coaches education, advancing aquatic programs, ethical standards, recognizing coaches and athletes, foster collaboration.

Nominee speech for President Elect - Brad Jones.

Motion to accept nominee by acclamation made by Arvel McElroy, Seconded by Mark Onstott. Motion passes unanimously.

Nominee speech for Treasurer - Kris Jones

Motion to accept nominee by acclamation made by Don Mason, seconded by Mike Waldmann. Motion passes unanimously.

Motion to end meeting number 2 made by Kyle Bedalov, seconded by Dick Farnsworth. Motion passes. Meeting Adjourned at 8:15am

## **NISCA Meeting #3**

**6/25/25 8:15am**

### **Meeting Minutes:**

Meeting 3 called to order by Mark Jedow.

No unfinished committee reports, No old business.

New business: Proposal for the site of the 2026 Conference.

Executive board recommends Grand Rapids MI, June 15-18. Alternate option is Atlanta March 25-28 for Men's NCAA's.

Discussion of the merits of Grand Rapids versus Atlanta.

A motion is made to vote on the site for the 2026 NISCA National Conference by Mark Onstott, seconded by Dana Abbott.

Voting by Google form. 97% Grand Rapids. The 2026 Conference will be held in Grand Rapids MI

Kyle Bedalov presents Mark Jedow with the Outgoing President's Gavel Award.

Kyle Bedalov presents the Presidents Sendoff Challenge.

Motion to adjourn meeting number 3 made by Mark Onstott, seconded by Mark Jedow. Meeting 3 is adjourned at 8:38am.