

# More NISCA Power Point Table Ideas

*By: Paul Torno, Power Points Chairman*

They aren't just for entering the National Dual Meet Team Ranking or determining the National Swimmers of the Year. Here are some additional ways to use them in your program.

## **Team**

- Create season bests and school records for the most points earned in a single dual meet. Can also create an all-time top 10 (or 25, or ?).
- Can create team records for most power points scored in a district/regional/sectional meet and state meet.
- New Jersey uses season dual meet power point bests to determine the eight teams in each class/division that will participate in their dual meet team state championship competition.
- Use them as a criterion or the criterion in determining the swimmer of the week.
- Can be used as a factor in determining "Most Improved" swimmer/diver. Please note that a 20 point increase does not mean the same thing at different points on the tables though the 20 points does hold up from the same position on the table from event to event

## **Individual**

- Rank swimmers by how many points they can total by adding their best swim in each of the 8 swimming events or include diving. Can rank by season and "all-time" and can have "overall" rankings plus rankings and records by grade level.
- Create season and/or "all-time" lists for highest scoring effort in any individual event including diving. These lists could also be done by grade level.
- Create a 100 Point Club for a season list and 125 Point Club for an all-time list. Some coaches may want to lower or higher standards based on their philosophy and/or the quality of swimmers/divers in their program.
- Some coaches make power points a part of their lettering criteria. The tables allow the coach to set a standard that is equal for each event.

Do you use the tables in some other ways? Please share them with me at [powerpoint@nisca.net](mailto:powerpoint@nisca.net) . Thanks in particular to Bob Pytel (NJ) and Rick Wertman (WA) for sharing their ideas.