



National Interscholastic Swimming Coaches Association 2024 - 2025 NISCA Swimming All-America

Meter Time Standards

*Meters are converted to Yards by the online entry database
Coaches enter Meter Times and check "Meters"*

*Top 100 Athletes as determined by submitted and accepted times
will be recognized as All-America in individual and relay events.*

<i>Boys</i>		<i>High School</i>	<i>Girls</i>	
<u>All-America</u>	<u>Consideration</u>	<u>Event in Meters</u>	<u>Consideration</u>	<u>All-America</u>
1:43.00	1:44.93	200 Medley Relay	1:58.54	1:56.41
1:48.82	1:50.59	200 Freestyle	2:02.60	2:00.54
2:01.25	2:03.70	200 Individual Medley	2:17.76	2:14.73
:22.86	:23.28	50 Freestyle	:26.25	:25.73
:53.90	:55.18	100 Butterfly	1:01.75	1:00.35
:49.68	:50.62	100 Freestyle	:56.70	:55.78
3:55.83	3:59.65	400 Freestyle	4:21.71	4:17.16
1:33.91	1:35.50	200 Freestyle Relay	1:48.52	1:46.65
:54.37	:55.69	100 Backstroke	1:02.12	1:00.76
1:01.29	1:02.67	100 Breaststroke	1:11.00	1:09.53
3:26.28	3:29.52	400 Freestyle Relay	3:55.23	3:51.36



Back to All-America