

National Interscholastic Swimming Coaches Association 2023 - 2024 NISCA Swimming All-America

Yard Time Standards

Top 100 Athletes as determined by submitted and accepted times will be recognized as All-America in individual and relay events.

Boys		High School	Girls	
All-America	Consideration	Event in Yards	Consideration	All-America
1:32.76	1:34.41	200 Medley Relay	1:46.16	1:44.27
1:38.67	1:40.06	200 Freestyle	1:50.65	1:48.74
1:49.50	1:51.52	200 Individual Medley	2:04.01	2:01.46
:20.43	:20.85	50 Freestyle	:23.50	:23.08
:48.57	:49.69	100 Butterfly	:55.48	:54.38
:44.83	:45.64	100 Freestyle	:51.10	:50.15
4:29.39	4:33.16	500 Freestyle	4:58.20	4:53.06
1:24.34	1:25.75	200 Freestyle Relay	1:37.15	1:35.36
:49.07	:50.18	100 Backstroke	:55.91	:54.73
:55.44	:56.68	100 Breaststroke	1:03.78	1:02.59
3:05.74	3:08.40	400 Freestyle Relay	3:31.16	3:27.68

